

Weekly Menu

October 1st - October 5th

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes with Cantaloupe Slices	Watermelon Slices and Mozzarella Cheese Sticks	Strawberry and Vegan Butter Wrap	Whole Wheat Cheese Toast with Sharp Cheddar Cheese	English Muffins with Neufchatel Cheese
PM Snack	Celery Sticks with Vegan Butter & Organic Raisins	Corn on the Cob with Freshly Squeezed Apple Juice (Unsweetened)	Whole Wheat Crackers with Colby Jack Cheese Slices	Zucchini Cubes topped with Parmesan Cheese	Apple Slices with Vegan Butter
Chick Peas & Sweet Peas Alternatives	PM Snack: Unsweetened Applesauce with Rice Cakes	PM Snack: Greek Yogurt and Strawberries			PM Snack: Diced Apples and Chewy Granola Bar

If there are any changes made, changes will be documented here

All items contain 7g of sugar or less, excluding fresh fruit due to natural sugars

Organic Milk is served during lunch